Thirsk & Sowerby Harriers
Thirsk 10 Mile Road Race

Sunday 22 March 2015. 11:00 am

Provisional Result of the Men's teams team competition.

(4 competitors per team. Based on cumulative position.)

1 : Valley Striders AC

Place	Time	Name	Race Age Category	Race No	Race Place
7	0:54:51	HOBBS, John	M Sen	559	7
9	0:55:11	FISHER, Daniel	M Sen	418	9
15	0:57:20	MAY, Andy	M40-44	741	15
43	0:59:50	TARRAN, James	M45-49	1031	44
74	**3:47:12**	**Totals**			

2 : St. Theresas AC

Place	Time	Name	Race Age Category	Race No	Race Place
16	0:57:29	HERRINGTON, Richard Thomas	M Sen	539	16
21	0:58:07	LOVE, Raymond	M45-49	695	21
49	1:00:14	NEWSOME, Paul	M40-44	812	50
61	1:01:05	JOHNSON, Glen	M40-44	1210	63
147	**3:56:55**	**Totals**			

3 : North York Moors AC

Place	Time	Name	Race Age Category	Race No	Race Place
8	0:54:57	ATKIN, Rob	M Sen	154	8
25	0:58:16	FAWCETT, Richard	M Sen	412	25
68	1:01:43	McLEAN, Paul	M Sen	762	71
75	1:02:22	UTLEY, Philip	M45-49	1081	79
176	**3:57:19**	**Totals**			

4 : Tyne Bridge Harriers

Place	Time	Name	Race Age Category	Race No	Race Place
31	0:58:58	HAZLERIGG, Charles	M Sen	533	32
35	0:59:31	BARKER, Stephen	M Sen	168	36
58	1:00:42	PICKETT, Ian	M Sen	877	60
82	1:02:51	PRYDE, Simon	M40-44	896	86
206	**4:02:03**	**Totals**			

5 : Sunderland Strollers

Place	Time	Name	Race Age Category	Race No	Race Place
52	1:00:29	CROWE, Aidan	M Sen	316	54
64	1:01:06	ALLSOP, Tim	M45-49	136	66
90	1:03:06	GERRY, Ritchie	M50-54	449	94
99	1:03:34	MUNNELLY, Declan	M Sen	798	103
305	**4:08:16**	**Totals**			

6 : Skyrac AC

Place	Time	Name	Race Age Category	Race No	Race Place
28	0:58:47	STONEMAN, David	M Sen	1017	29
53	1:00:32	PRITCHARD, Craig	M Sen	894	55
67	1:01:42	McCUE, Andy	M40-44	750	70
179	1:07:23	PARKER, Darren	M45-49	842	194
327	**4:08:24**	**Totals**			

7 : Valley Striders AC

Place	Time	Name	Race Age Category	Race No	Race Place
55	1:00:38	WATSON, Jerry	M50-54	1110	57
79	1:02:47	McMULLAN, Kevin	M45-49	1190	83
84	1:02:56	HIBBERD, Daryl	M Sen	39	88
115	1:04:25	HUGGINS, Roy	M50-54	1211	119
333	**4:10:46**	**Totals**			

8 : New Marske Harriers

Place	Time	Name	Race Age Category	Race No	Race Place
27	0:58:36	MURRAY, Martin	M45-49	801	28
85	1:03:02	MUSGRAVE, Philip	M Sen	803	89
114	1:04:23	WALKER, Neil	M50-54	1095	118
116	1:04:27	CLEASBY, Paul	M40-44	281	120
342	**4:10:28**	**Totals**			

9 : Spenborough & District AC

Place	Time	Name	Race Age Category	Race No	Race Place
59	1:00:53	SKIPPINS, Gerard	M40-44	109	61
98	1:03:29	BRADFORD, Antony	M50-54	218	102
101	1:03:38	OGDEN, Ian	M40-44	826	105
105	1:03:53	LEGGETT, Mark	M50-54	22	109
363	**4:11:53**	**Totals**			

10 : Richmond & Zetland Harriers

Place	Time	Name	Race Age Category	Race No	Race Place
63	1:01:06	ASHCROFT, Alan	M Sen	1232	65
87	1:03:04	CRAWFORD, Mark	M40-44	114	91

95	1:03:17	HACK, David	M Sen	484	99
128	1:05:03	PATTISON, Jeremy	M40-44	853	134
373	**4:12:30**	**Totals**			

11 : Wallsend Harriers A.C.

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
32	0:59:03	NICHOLSON, Timothy	M Sen	816	33
38	0:59:40	DARBYSHIRE, Matthew	M Sen	335	39
134	1:05:12	LEE, Gavin	M Sen	676	140
171	1:07:07	HOOD, Kevin	M Sen	573	186
375	**4:11:03**	**Totals**			

12 : Harrogate Harriers & AC

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
4	0:54:04	GRANT, Andrew	M40-44	470	4
107	1:04:04	SHACKLOCK, Ben	M Sen	965	111
121	1:04:43	PRENTIS, Adam	M50-54	889	125
149	1:06:08	WATSON, Simon	M50-54	1113	159
381	**4:09:00**	**Totals**			

13 : Darlington Harriers

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
47	0:59:55	COOK, Paul	M40-44	293	48
74	1:02:17	ROGERS, Simon	M45-49	936	78
119	1:04:39	McKENNA, David	M45-49	760	123
145	1:05:55	ARMSTRONG, Peter	M Sen	149	154
385	**4:12:46**	**Totals**			

14 : North York Moors AC

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
78	1:02:47	SKIDMORE, Jonathan	M40-44	977	82
88	1:03:06	JARVIS, Phil	M40-44	612	92
97	1:03:25	WILSON, Gareth	M Sen	1147	101
122	1:04:46	PARKER, Jon	M Sen	843	128
385	**4:14:05**	**Totals**			

15 : Thirsk & Sowerby Harriers

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
20	0:58:05	MACDONALD, Greg	M40-44	705	20
26	0:58:21	MIDDLETON, Steve	M Sen	772	27
163	1:06:47	WOOD, Ken	M Sen	2	177
193	1:08:20	LICKLEY, Rob	M40-44	5	210
402	**4:11:34**	**Totals**			

16 : Otley AC

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
3	0:53:31	HARRINGTON, Scott	M Sen	512	3
34	0:59:29	OUTTERSIDES, Robin	M Sen	834	35
146	1:06:03	MAWSON, Julian	M40-44	740	155
294	1:13:57	BERRY, Mark	M40-44	197	337
477	**4:13:00**	**Totals**			

17 : Sunderland Strollers

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
109	1:04:13	McCORMACK, Luke	M Sen	747	113
111	1:04:19	ARMSTRONG, Michael	M50-54	148	115
131	1:05:08	HOBSON, Mike	M45-49	560	137
132	1:05:10	SCOTT, Kel	M Sen	964	138
483	**4:18:51**	**Totals**			

18 : Heaton Harriers

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
57	1:00:42	BELL, Thomas	M Sen	191	59
62	1:01:06	FULLER, Wayne	M Sen	432	64
205	1:09:07	BRIGNALL, David	M55-59	224	227
206	1:09:08	DALEY, Sam	M60-64	327	228
530	**4:20:04**	**Totals**			

19 : Middlesbrough & Cleveland Harriers

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
93	1:03:13	ALLEN, Craig	M Sen	131	97
133	1:05:11	POOLE, Adam	M Sen	408	139
156	1:06:24	GARRENS, Paul	M40-44	443	169
159	1:06:32	FROST, Matthew	M Sen	431	173
541	**4:21:21**	**Totals**			

20 : Hartlepool Burn Road Harriers

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
18	0:57:45	BENNETT, Simon	M Sen	193	18
46	0:59:54	GODBER, Vaughan	M40-44	459	47
189	1:08:01	HUTTON, Jack	M Sen	1151	205
308	1:14:38	THOMPSON, Phillip	M40-44	1057	355
561	**4:20:18**	**Totals**			

21 : Pudsey Pacers

Place	Time	Name	Race Age Category	Race No	Race Place
39	0:59:40	CLARK, James	M Sen	275	40
70	1:01:50	GRAVES, Adam	M Sen	474	73
130	1:05:08	MARSHALL, John	M45-49	728	136
329	1:15:39	SMITH, Mark	M45-49	987	388
568	**4:22:17**	**Totals**			

22 : Wetherby Runners AC

Place	Time	Name	Race Age Category	Race No	Race Place
69	1:01:47	WINDLE, Paul	M50-54	1156	72
72	1:02:01	HOLT, Mark	M40-44	571	76
162	1:06:44	LEGG, Ian	M50-54	680	176
284	1:13:18	HALLADAY, David	M50-54	495	321
587	**4:23:51**	**Totals**			

23 : York Postal Harriers

Place	Time	Name	Race Age Category	Race No	Race Place
124	1:04:56	BAKER, Stuart	M Sen	163	130
137	1:05:19	PEARSON, Marc	M Sen	859	144
144	1:05:47	SHIVELY, Bill	M55-59	972	152
183	1:07:38	CLAYTON, Daniel	M45-49	16	198
588	**4:23:41**	**Totals**			

24 : Knaresborough Striders

Place	Time	Name	Race Age Category	Race No	Race Place
112	1:04:19	BROCK, Martin	M Sen	225	116
148	1:06:06	CLARKE, Rob	M Sen	1212	157
170	1:07:06	ROBINSON, Andy	M Sen	926	185
204	1:08:58	WRIGHT, James	M Sen	1168	225
634	**4:26:29**	**Totals**			

25 : Sunderland Strollers

Place	Time	Name	Race Age Category	Race No	Race Place
135	1:05:13	SMITH, Carl	M Sen	983	141
168	1:07:03	DUKE, Andy	M40-44	375	182
188	1:07:58	ANDERSON, Daniel	M Sen	60	204
192	1:08:17	HENDERSON, Michael	M Sen	537	208
683	**4:28:31**	**Totals**			

26 : Blyth Running Club

Place	Time	Name	Race Age Category	Race No	Race Place
80	1:02:49	DODD, Sam	M Sen	361	84
151	1:06:13	WOODS, Joseph	M Sen	1165	161
217	1:09:43	BAXTER, Ian	M45-49	180	242
244	1:11:12	DODD, Shaun	M40-44	362	271
692	**4:29:57**	**Totals**			

27 : Halifax Harriers

Place	Time	Name	Race Age Category	Race No	Race Place
66	1:01:25	CRABTREE, Mark	M55-59	309	68
174	1:07:12	NUTTON, David	M50-54	822	189
178	1:07:19	CUMBER, Geoff	M65-69	319	193
286	1:13:21	HICK, Robert	M55-59	546	323
704	**4:29:18**	**Totals**			

28 : Hyde Park Harriers

Place	Time	Name	Race Age Category	Race No	Race Place
23	0:58:09	O'BRIEN, Liam Jack	M Sen	824	23
177	1:07:16	FOX, Ken	M55-59	428	192
260	1:12:08	VICKERS, James	M Sen	1084	289
263	1:12:23	WOMERSLEY, David	M60-64	1159	292
723	**4:29:57**	**Totals**			

29 : Holmfirth Harriers

Place	Time	Name	Race Age Category	Race No	Race Place
60	1:01:03	HEWITT, Philip	M Sen	31	62
187	1:07:57	WADDINGTON, Seton	M Sen	1087	203
198	1:08:39	KERSEY, Robert	M60-64	647	218
283	1:13:12	OWEN, Mark	M Sen	835	319
728	**4:30:51**	**Totals**			

30 : Stainland Lions RC

Place	Time	Name	Race Age Category	Race No	Race Place
92	1:03:10	POTTINGER, Mark	M Sen	884	96
140	1:05:34	HUTCHINGS, David	M45-49	521	148
215	1:09:36	PHILLIPS, Craig	M Sen	872	240
325	1:15:24	WAITE, David	M50-54	13	381
772	**4:33:44**	**Totals**			

31 : Abbey Runners

Place	Time	Name	Race Age Category	Race No	Race Place
50	1:00:19	GAFFEY, Richard	M40-44	436	52
221	1:09:53	WICKS, Andrew	M50-54	1136	247

255	1:11:56	PATCHETT, Ian	M50-54	851	284
262	1:12:15	WARD, John	M60-64	1104	291
788	**4:34:23**	**Totals**			

32 : Ackworth Road Runners

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
120	1:04:41	RICHARDSON, Ian	M Sen	914	124
191	1:08:16	DANIELS, Craig	M Sen	334	207
235	1:10:42	BYROM, Adrian	M50-54	1223	261
287	1:13:22	HUGHES, David	M Sen	590	324
833	**4:37:02**	**Totals**			

33 : St. Theresas AC

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
172	1:07:09	BOOTH, Kevin	M40-44	209	187
212	1:09:24	GILL, Christopher	M65-69	454	235
214	1:09:35	EBREY, Paul	M40-44	394	239
237	1:10:58	BLEMINGS, Rob	M Sen	205	263
835	**4:37:06**	**Totals**			

34 : North York Moors AC

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
141	1:05:40	AINSLEY, David	M45-49	123	149
199	1:08:43	CLEMENTS, Darren	M Sen	282	219
249	1:11:26	FERGUSON, Bill	M65-69	414	276
253	1:11:49	STRUTHERS, Gavin	M60-64	65	282
842	**4:37:38**	**Totals**			

35 : York Knavesmire Harriers

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
142	1:05:42	ROBSON, Stephen	M Sen	931	150
166	1:06:55	DOWNES, Pete	M50-54	366	180
182	1:07:37	WARD, Robert	M Sen	1105	197
364	1:18:07	AMBLER, Stuart	M Sen	138	444
854	**4:38:21**	**Totals**			

36 : Quakers Running Club

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
155	1:06:18	MARTIN, Brian	M55-59	733	167
200	1:08:44	DENT, Rob	M Sen	353	220
230	1:10:24	TODD, David	M45-49	1063	256
276	1:12:46	MOORE, Stephen James	M40-44	790	310
861	**4:38:12**	**Totals**			

37 : Sunderland Strollers

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
194	1:08:27	DIXON, Michael	M Sen	357	212
227	1:10:08	CAIRNS, Brian	M40-44	110	253
240	1:11:03	SCAMMELL, Peter	M55-59	961	266
243	1:11:08	HARRISON, Harry	M45-49	518	269
904	**4:40:46**	**Totals**			

38 : Harrogate Harriers & AC

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
184	1:07:50	JORDAN, Mark	M60-64	108	200
220	1:09:46	NEWTON, Adam	M Sen	813	245
247	1:11:21	WEST, Darren	M50-54	1119	274
261	1:12:12	MOFFATT, Simon	M45-49	782	290
912	**4:41:10**	**Totals**			

39 : Billingham Marsh House Harriers

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
12	0:56:42	JEFFERIES, Mike	M Sen	613	12
123	1:04:48	GRAY, John	M50-54	475	129
300	1:14:11	ANSBRO, Darren	M Sen	72	344
496	1:26:26	BARRETT, Adrian	M40-44	172	667
931	**4:42:08**	**Totals**			

40 : Bedale & Aiskew Runners

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
86	1:03:02	NORRIS, Nick	M Sen	103	90
222	1:09:57	ELLIS, Paul	M45-49	399	248
248	1:11:23	GOLDSWORTHY, Wil	M Sen	461	275
375	1:18:37	GIBB, Andy	M55-59	450	459
931	**4:42:59**	**Totals**			

41 : St. Theresas AC

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
239	1:11:02	HOWARTH, Richard	M40-44	583	265
278	1:12:51	WARRENDER, Andrew	M40-44	1107	313
280	1:12:54	OWEN, Tony	M Sen	836	315
292	1:13:53	WAITE, Stephen	M Sen	1090	335
1089	**4:50:41**	**Totals**			

42 : Ripon Runners

Place	Time	Name	Race Age Category	Race No	Race Place
51	1:00:20	APPLETON, Michael	M40-44	143	53
299	1:14:10	JOHNSTONE, Ray	M55-59	9	343
352	1:17:32	SWINSCOE, Ian	M45-49	1028	424
400	1:20:29	APPLETON, Richard	M40-44	144	504
1102	**4:52:31**	**Totals**			

43 : Swaledale Runners

Place	Time	Name	Race Age Category	Race No	Race Place
176	1:07:16	RANDALL, Martin	M40-44	907	191
195	1:08:28	SOWERBY, Mark	M40-44	998	213
333	1:16:21	TAYLOR, James	M Sen	1036	399
403	1:20:31	HARDCASTLE, Stuart	M55-59	503	507
1107	**4:52:37**	**Totals**			

44 : Sunderland Strollers

Place	Time	Name	Race Age Category	Race No	Race Place
269	1:12:39	HARGRAVE, Gary	M45-49	504	300
272	1:12:41	ALLEN, Stephen	M Sen	132	304
279	1:12:52	DUKE, Chris	M45-49	376	314
339	1:17:00	WELSH, Robert	M50-54	1118	410
1159	**4:55:13**	**Totals**			

45 : Easingwold Running Club

Place	Time	Name	Race Age Category	Race No	Race Place
117	1:04:31	FLETCHER, Colin	M55-59	420	121
197	1:08:35	THOMPSON, Howard	M55-59	1052	217
361	1:17:57	PEARCE, Doug	M45-49	855	439
490	1:26:02	STRABEL, Michael	M40-44	1020	655
1165	**4:57:06**	**Totals**			

46 : Quakers Running Club

Place	Time	Name	Race Age Category	Race No	Race Place
282	1:13:06	CLARKE, Phil	M60-64	279	318
307	1:14:38	ROBERTS, Paul	M50-54	921	354
311	1:14:51	WALKER, Andrew	M50-54	1092	360
314	1:14:58	McLACHLAN, David	M50-54	761	363
1214	**4:57:33**	**Totals**			

47 : Redcar Running Club

Place	Time	Name	Race Age Category	Race No	Race Place
96	1:03:19	NOBLE, Phillip	M Sen	817	100
340	1:17:04	WHILES, Andrew	M45-49	29	411
387	1:19:15	HARKER, Keith	M50-54	506	481
451	1:23:28	HEBBRON, Barry	M50-54	535	585
1274	**5:03:06**	**Totals**			

48 : Harrogate Harriers & AC

Place	Time	Name	Race Age Category	Race No	Race Place
274	1:12:45	DAVIES, Simon	M45-49	338	307
281	1:13:00	MURPHY, Kevin	M55-59	800	316
345	1:17:17	LAWSON, Simon	M45-49	672	417
382	1:18:58	SALT, Mike	M45-49	953	471
1282	**5:02:00**	**Totals**			

49 : Spenborough & District AC

Place	Time	Name	Race Age Category	Race No	Race Place
196	1:08:31	BARROWCLOUGH, Stuart	M Sen	174	214
245	1:11:17	WAKE, Darren	M Sen	1091	272
267	1:12:36	WALSH, Graham	M65-69	1099	297
595	1:40:42	SCANLON, Peter	M Sen	1208	935
1303	**5:13:06**	**Totals**			

50 : Ackworth Road Runners

Place	Time	Name	Race Age Category	Race No	Race Place
305	1:14:33	LEACH, Adrian	M50-54	674	351
319	1:15:04	NICHOL, George	M65-69	815	371
354	1:17:35	KNOWLES, Michael	M55-59	659	427
366	1:18:09	HOPKINS, Lee	M40-44	575	446
1344	**5:05:21**	**Totals**			

51 : Thirsk & Sowerby Harriers

Place	Time	Name	Race Age Category	Race No	Race Place
233	1:10:37	ROBINSON, Graham	M55-59	929	259
347	1:17:21	COY, Martyn	M40-44	116	419
390	1:19:28	HARMAN, Alan	M55-59	1215	487
399	1:20:25	BUTCHER, Andy	M45-49	7	503
1369	**5:07:51**	**Totals**			

52 : North York Moors AC

Place	Time	Name	Race Age Category	Race No	Race Place
254	1:11:56	BROWN, Owen	M Sen	234	283
302	1:14:17	LUXTON, Martin	M60-64	33	346

404	1:20:33	LYONS, Paul	M55-59	702	508
415	1:20:44	WELSH, Doug	M65-69	90	525
1375	**5:07:31**	**Totals**			

53 : Halifax Harriers

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
288	1:13:28	PALETHORPE, Richard	M Sen	1195	327
296	1:14:00	ROCHETEAU, Marc	M50-54	932	339
336	1:16:38	CARVER, Will	M Sen	1183	403
463	1:23:56	RYAN, Daniel	M Sen	951	602
1383	**5:08:03**	**Totals**			

54 : Stainland Lions RC

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
327	1:15:30	HIRST, John	M45-49	557	383
330	1:15:54	INGLES, John	M45-49	598	393
358	1:17:49	HARRIS, James	M40-44	515	436
369	1:18:21	LAIRD BOLDY, Andrew	M Sen	661	451
1384	**5:07:35**	**Totals**			

55 : Kirkstall Harriers

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
301	1:14:14	NEWTON, Paul	M40-44	814	345
328	1:15:36	THOMAS, Richard	M50-54	1050	386
396	1:20:02	DURKAN, John	M40-44	384	497
411	1:20:41	HUNT, Christopher	M Sen	592	519
1436	**5:10:34**	**Totals**			

56 : St. Theresas AC

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
334	1:16:25	SPIVEY, Kevin	M Sen	1001	400
360	1:17:53	COOP, Philip	M50-54	297	438
362	1:18:02	DIXON, Paul	M50-54	358	440
407	1:20:34	GALL, Stuart	M Sen	437	512
1463	**5:12:54**	**Totals**			

57 : Durham City Harriers & AC

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
110	1:04:17	HARRISON, Peter	M40-44	519	114
209	1:09:14	HEWITSON, Robert	M55-59	543	231
561	1:32:26	COXON, David	M40-44	306	819
619	1:58:44	HARKER, Joseph	M75-79	505	1039
1499	**5:44:42**	**Totals**			

58 : New Marske Harriers

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
317	1:15:02	HART, Stewart	M Sen	523	367
335	1:16:37	BUNN, Thomas James	M50-54	237	402
419	1:20:52	SCOTT, Douglas	M60-64	93	531
453	1:23:30	CUTHBERT, Phil	M Sen	324	587
1524	**5:16:01**	**Totals**			

59 : Quakers Running Club

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
356	1:17:44	HUGHES, Richard	M45-49	53	433
383	1:19:11	READ, Gary	M Sen	975	476
385	1:19:14	OLIVER, Michael	M45-49	828	479
423	1:21:13	ROWLEY, Peter	M55-59	46	537
1547	**5:17:22**	**Totals**			

60 : Stainland Lions RC

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
378	1:18:40	GADD, Matthew	M Sen	434	462
389	1:19:27	GEE, Sandy	M55-59	447	486
426	1:21:31	HALLAM, Steve	M55-59	496	542
428	1:21:45	MACKRILL, Andrew	M Sen	710	548
1621	**5:21:23**	**Totals**			

61 : Sunderland Strollers

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
391	1:19:37	McGOVERN, James	M55-59	756	488
414	1:20:42	WATSON, Phil	M55-59	1112	523
421	1:21:00	WALLACE, Michael	M40-44	1096	533
425	1:21:21	CRAIG, Rob	M50-54	310	539
1651	**5:22:41**	**Totals**			

62 : Knaresborough Striders

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
265	1:12:35	MITCHELL, Ian	M50-54	780	295
392	1:19:38	BRENNAN, Sean	M45-49	221	489
436	1:22:15	KILVINGTON, Graeme	M50-54	649	558
592	1:40:05	WILLIAMS, John	M60-64	1187	928
1685	**5:34:33**	**Totals**			

63 : St. Theresas AC

Place	Time	Name	Race Age Category	Race No	Race Place
408	1:20:35	LAVERY, Malcolm	M45-49	670	513
413	1:20:42	MACDONALD, Alex	M Sen	704	522
432	1:22:03	KINDLEYSIDES, Andrew	M Sen	650	554
433	1:22:05	COOPER, Richard	M Sen	298	555
1686	**5:25:26**	**Totals**			

64 : Bedale & Aiskew Runners

Place	Time	Name	Race Age Category	Race No	Race Place
395	1:19:54	BAINBRIDGE, Paul	M65-69	80	495
405	1:20:33	HAWKSWELL, Thomas	M Sen	102	509
461	1:23:47	APPLETON, Chris	M55-59	61	599
492	1:26:13	JOHNSTON, Philip	M Sen	625	660
1753	**5:30:27**	**Totals**			

65 : Ripon Runners

Place	Time	Name	Race Age Category	Race No	Race Place
422	1:21:09	APPLETON, Stan	M65-69	145	536
430	1:21:56	PURLL, Andrew	M40-44	900	551
450	1:23:26	STUART-MILLS, James	M45-49	1021	583
452	1:23:29	JACKSON, Kevin	M45-49	601	586
1754	**5:30:01**	**Totals**			

66 : Stainland Lions RC

Place	Time	Name	Race Age Category	Race No	Race Place
435	1:22:11	TEAL, Graham	M50-54	1044	557
438	1:22:19	GREER, Michael	M Sen	480	561
440	1:22:35	THOMPSON, Nick	M Sen	1056	569
456	1:23:31	THOMPSON, John	M55-59	1053	590
1769	**5:30:36**	**Totals**			

67 : Harrogate Harriers & AC

Place	Time	Name	Race Age Category	Race No	Race Place
418	1:20:51	WRIGHT, Nigel	M50-54	1170	530
446	1:23:17	ATHEY, Rob	M40-44	153	577
465	1:24:03	COULDWELL, Alan	M55-59	304	605
469	1:24:06	EASTAUGH, Toby	M50-54	392	609
1798	**5:32:18**	**Totals**			

68 : Quakers Running Club

Place	Time	Name	Race Age Category	Race No	Race Place
424	1:21:18	HALL, Phill	M Sen	493	538
434	1:22:06	HARRINGTON, Neil	M55-59	511	556
479	1:25:24	DALTON, Paul	M40-44	328	637
514	1:27:47	MARRIOTT, Jeff	M50-54	725	705
1851	**5:36:35**	**Totals**			

69 : Sunderland Strollers

Place	Time	Name	Race Age Category	Race No	Race Place
470	1:24:13	CORCORAN, John	M50-54	299	612
471	1:24:41	RIDDELL, Paul	M Sen	917	618
474	1:24:55	WILSON, Richard	M60-64	1153	624
491	1:26:02	NEW, John	M50-54	808	656
1906	**5:39:52**	**Totals**			

70 : Wetherby Runners AC

Place	Time	Name	Race Age Category	Race No	Race Place
316	1:15:01	CHANDLER, Simon	M Sen	269	366
502	1:26:56	SMEDLEY-NUGENT, Chris	M45-49	1219	682
510	1:27:13	WARD, Drew	M60-64	17	695
586	1:37:27	GALLEY, Peter	M60-64	18	895
1914	**5:46:38**	**Totals**			

71 : New Marske Harriers

Place	Time	Name	Race Age Category	Race No	Race Place
467	1:24:05	MILES, Phil	M75-79	774	607
475	1:25:03	SHERWOOD, Ronnie	M75-79	971	627
480	1:25:25	CONAGHAN, Jim	M75-79	288	638
582	1:36:54	MATTHEWS, Dave	M65-69	739	883
2004	**5:51:27**	**Totals**			

72 : Stainland Lions RC

Place	Time	Name	Race Age Category	Race No	Race Place
464	1:24:02	DUNNING, Michael	M40-44	382	604
505	1:27:04	PRESTON, Mark	M50-54	892	688
520	1:28:28	GADD, Simon	M50-54	435	720
601	1:44:43	LAMBERT, Richard	M55-59	968	969
2090	**6:04:17**	**Totals**			

73 : Thirsk & Sowerby Harriers

Place	Time	Name	Race Age Category	Race No	Race Place
429	1:21:50	WATERS, Stuart	M45-49	3	549
504	1:27:03	DAVIES, Marc	M50-54	6	687

554	1:31:32	AITKEN, Malcolm	M Sen	125	797
606	1:47:39	LOWTHER, Michael	M45-49	699	982
2093	**6:08:04**	**Totals**			

74 : Ackworth Road Runners

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
512	1:27:35	KNOWLES, John	M50-54	658	703
530	1:29:17	MORAN, John	M Sen	791	737
537	1:29:47	ZYWICKI, Paul	M55-59	1177	750
568	1:33:17	WILSON, Ian Robert	M40-44	50	832
2147	**5:59:56**	**Totals**			

75 : St. Theresas AC

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
449	1:23:26	JACKSON, Jude	M Sen	605	582
556	1:31:50	MARTIN, Robin	M40-44	734	804
579	1:36:10	KHAN, Sheryar	M Sen	648	875
593	1:40:21	GARDNER, Andrew	M60-64	69	932
2177	**6:11:47**	**Totals**			

76 : Billingham Marsh House Harriers

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
498	1:26:46	WILLIAMS, Michael	M55-59	1141	674
553	1:31:30	GATLEY, David	M50-54	445	796
570	1:34:02	RUDD, Sid	M65-69	95	839
576	1:35:22	LIGHTFOOT, Charlie	M Sen	683	867
2197	**6:07:40**	**Totals**			

77 : Redcar Running Club

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
507	1:27:06	SANDERSON, Gordon	M50-54	957	690
548	1:30:48	MADDISON, Stephen	M55-59	712	781
572	1:34:48	BROOMFIELD, Joe	M45-49	229	856
578	1:35:47	PARKS, Patrick	M65-69	845	873
2205	**6:08:29**	**Totals**			

78 : Sunderland Strollers

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
503	1:27:01	LEWINS, Paul	M Sen	1205	686
567	1:33:17	SLOANES, Tom	M50-54	979	831
588	1:38:50	KENNEDY, Luke	M Sen	640	913
615	1:52:39	ALLINGTON, Robert	M55-59	133	1019
2273	**6:31:47**	**Totals**			

79 : Quakers Running Club

Place	*Time*	*Name*	*Race Age Category*	*Race No*	*Race Place*
539	1:30:01	BURN, Jamie	M Sen	238	757
584	1:36:59	RYAN, Paul	M40-44	950	886
585	1:37:11	SMITH, Colin	M55-59	105	891
614	1:51:34	PREST, Alan	M70-74	890	1014
2322	**6:35:46**	**Totals**			